

2021 Safety Manual Butte, Montana Montana District 2 League ID 314905

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### MISSION/FACILITIES

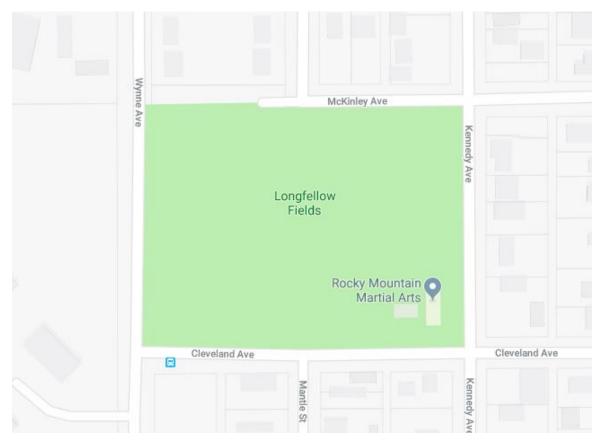
### MISSION

Our mission is to create a city- wide girls softball program. The goal of the program is to provide quality instruction at all levels while focusing on sportsmanship, teamwork, competitiveness, and fair play. The league will be committed to fostering the love of the game in a positive, competitive environment.

### FACILITIES

In cooperation with Park and Recreation Department of Butte-Silver Bow, Copper City Softball Little League uses the following facility:

Longfellow Complex (Cleveland Street and Kennedy Ave)



Information about the conditions and features of these facilities are available in the League Facility Survey.

### 2021 Copper City Softball Board of Directors

President	Amy Babb	babby59701@gmail.com	406-490-8128
Vice President	Sara Stepan	thatchersarah@yahoo.com	406-850-4537
Secretary	Kate McGree	mcgreekate@gmail.com	406-490-9824
Treasurer	Craig Tippett	ctippett@newlandpc.com	406-491-0494
Board Member	Jamiee Richards	jaimeerichards@outlook.com	406-498-6907
Board Member	Kensie Dallaserra	mdallaserra@universalathletic.com	406-498-5529
Board Member	Shaine Tomsheck	stomsheck@universalathletic.com	406-498-5324
Board Member	Melissa Johnson	broph12@yahoo.com	406-490-5231
Board Member	Amanda Badovinac	abadovinac@mtech.edu	406-533-5894
Board Member	Kelci Thatcher	Kthatcher00@hotmail.com	406-565-0483
SAFETY OFFICER	<mark>Luke Stajcar</mark>	lukestajcar@gmail.com	<mark>406-491-7511</mark>
District Administrator	Keith Miller		406-498-2640

EMERGENCY NUMBERS AND PROCEDURES

Police, Fire, Ambulance	911 (EMERGENCY ONLY) 406-497-1120 (Non-Emergency)
Poison Control	1-800-222-1221
Butte Silver-Bow Recreation Office	406-497-6408

### **Emergency Contact Procedures**

- 1. Dial 911
- 2. Give dispatcher the necessary information when asked. Some common questions include

Field Location: Longfellow Fields. Cross streets of Cleveland Ave., Wynne Ave., Kennedy Ave.

What Happened?

How many people are involved?

Your name and number in case you get disconnected?

Status of victim including aid being administered

3. DO NOT HANG UP. Send someone to look for emergency Personnel

### Page is posted in Clubhouse and Concession stand

### VOLUNTEER BACKGROUND CHECKS

Any person that has interaction with players will need a background check. This will include Coaches, Managers, Parent Helpers, Umpires, etc.

When registering, the ability to sign up as a volunteer is available. Data collected through Blue Sombrero is used to conduct background checks and track volunteers. Any person volunteering for Copper City Little League needs to create and account and register with the league.

Information provided by users when registering for volunteer positions is automatically sent to JDP for background processing. Status of volunteers are kept within the league database within Blue Sombrero.

For any volunteers not in the system, they will be required to fill out the Little League Volunteer form shown in Appendix B of this document and provide it to a board member for processing. Blank forms will be available in the clubhouse.

### FUNDAMENTALS

Copper City Softball believes that one of the best ways to prevent injuries and accidents is to have the players be taught proper fundamental skills of softball. All Managers and coaches are required to attend a fundamentals clinic hosted by the league. Several different experts have served as instructors.

This year's fundamentals workshop is scheduled for April 18<sup>th</sup> from from 2 PM MT to 4 PM MT and will include First Aid, Concussion and Covid training.

### FIRST AID and CONCUSSION POLICY

Copper City Softball believes that preventing and being able to respond to medical situations is the cornerstone of any safety plan. Whether it be on the field or off the field, leagues can help not only prevent accidents, but educate youngsters in fundamental safety concepts that can help them safe on and off of the field. CCSLL managers are required to take one practice before games begin to discuss bicycle and motor transportation, bullying, and tobacco avoidance. The speed limit on CCSLL facilities is 10 mph as it is posted by county officials. CCSLL requires that all umpires, managers and coaches attend a first aid/accident prevention clinic in order to stay current with first aid procedures. Clinic will be held on April 18<sup>th</sup> 2PM to 4PM at CCSLL facility. Each team is issued a first aid kit and is required to have it at all practices and games. First aid kits are also available at all facilities.

Electronic weather detector application Weatherbug should be used by league officials and coaches to monitor weather during practices and games. Suspension of activity is required when the storm is detected at 3 to 8 miles away. Games will be suspended for 20 minutes to ensure the storm has moved out. Children should be removed from metal dugouts and seek shelter while in delay.

### CONCUSSION POLICY

A concussion is a type of traumatic brain injury that interferes with the normal function of the brain. It occurs when the brain is rocked back and forth or twisted inside the skull as a result of a blow to the head or body. The blow does not need to be directly to the head for a concussion to occur. What may appear to be only a mild jolt or blow to the head or body can result in a concussion. It is now known that young athletes are particularly vulnerable to the effects of a concussion and that a concussion has the potential to result in short or long-term changes in brain function, or in some cases, death. There is no such thing as a minor brain injury. Any suspected concussion must be taken seriously and acted upon immediately. Recognition and Management If an athlete exhibits any signs, symptoms, or behaviors that make you suspicious that he or she may have had a concussion, that athlete must be removed from all physical activity immediately! Continuing to participate in physical activity after a concussion can lead to worsening concussion symptoms, increased risk for further injury, and even death.

Concussion training is available online through the Centers for Disease Control at <u>https://www.cdc.gov/headsup/youthsports/training/index.html</u>

Each head coach and each board member will be required to submit a copy of the certificate once completed and must be done before the first game of the season.

The handout in Appendix A will be given to all parents to raise awareness of concussions. The form is also available at <a href="https://www.cdc.gov/headsup/pdfs/youthsports/Parent\_Athlete\_Info\_Sheet-a.pdf">https://www.cdc.gov/headsup/pdfs/youthsports/Parent\_Athlete\_Info\_Sheet-a.pdf</a>

### CONCUSSION PROTOCOL

Managers, coaches, umpires, and league officials, are not expected to be able to "diagnose" a concussion. That is the role of an appropriate health-care professional. However, you must be aware of the signs, symptoms and behaviors of a possible concussion, and if you suspect that an athlete may have a concussion, then the following procedure must be enacted immediately:

1. Immediately remove the athlete from game/practice/physical activity.\*\*

2. Complete the CCSLL Concussion Checklist immediately upon removal from game/practice/physical activity. Turn completed form into appropriate CCSLL official. If the health status of the athlete warrants immediate medical assistance/attention (seizure, loss of consciousness, etc.) call 911 immediately and then complete a concussion checklist when the situation allows you to do so.

3. The signs, symptoms, and behaviors of a concussion are not always immediately apparent after a bump, blow, or jolt to the head or body and may develop over a few hours. An athlete should be observed following a suspected concussion and should never be left alone.

4. Inform the athlete's parents or guardians about the possible concussion and inform them that CCSLL policy mandates that the athlete must be evaluated by an appropriate health-care professional and will not be allowed to return to practice or games until an appropriate health-care professional says they are symptom free and medically clears them to resume physical activity.

5. Manager/coaches will not allow athlete to resume practice/games/physical activity until they are provided a written release by the athlete's health care provider. Verbal indication of release by parent/guardian is not acceptable – written release must be provided and this in turn must be into appropriate league official to be filed with other documentation of incident.

\*\* In the event that a manager or coach becomes aware (i.e., disclosure by parent/guardian/ player) that a player has been involved in a non-league activity that is known to have actually caused a concussion or is of such a nature as to cause concern – the manager /coach is to restrict league activity until such time as the player is examined and released by an appropriate health care professional to return to full physical activity. When in doubt, sit them out!

Important to Remember: If an athlete returns to activity before being fully healed from an initial concussion, the athlete is at risk for a repeat concussion. A repeat concussion that occurs before the brain has a chance to recover from the first can slow recovery or increase the chance for long-term problems. In rare cases, a repeat concussion can result in severe swelling and bleeding in the brain that can be fatal. Athletes must know that they should never try to "tough out" a suspected concussion. Teammates, coaches, umpires, and parents/guardians should never encourage an athlete to "play through" the symptoms of a concussion. In addition, there should never be an attribution of bravery to athletes who do play despite having concussion signs or symptoms. The risks of such behavior must be emphasized to all members of the team, as well as coaches and parents.

### **REPORTING INJURIES**

- 1. Report incident immediately to League Official
- 2. Fill Out Accident Claim form. Forms are available in Appendix A of this Document, or at the clubhouse.
- 3. Once completed by Parent and League, form will be submitted to Little League International.

### Covid Protocols

Covid protocols are a collaboration between our Board of Directors and the Butte Silver Bow health department. These items may be updated at any point either the league or the BSB Health Department when necessary. These protocols will be reviewed at the coaches meeting before the season commences and will be reviewed as necessary throughout the season as the situation evolves. As of March 24th, all Covid restrictions have been lifted within Butte Silver Bow. Masks and social distancing are still strongly suggested by Copper City Softball, but are not required.

### Equipment

Helmets will not be shared. Players have the option of checking out a helmet from the league, or provide their own. Helmets not purchased and maintained by league, must meet safety measures such as no cracks, adequate padding, etc. If a player needs a helmet, they will be expected to pick one up during designated helmet times and will be required to return the helmet at the end of the season. All players will use masking tape and write their name on the back of their helmets.

Players will be responsible to bring helmets to every game.

Catching equipment: Coaches will be responsible to wipe down catching gear during practices and games-especially face masks using disinfectant wipes.

### Umpires

- 1. Equipment will be provided.
- 2. There will be 6 sets of equipment ready for each day and assigned to each game.
- 3. The umpire will wipe down their mask before play.
- 4. Once game is over, they will wipe their equipment down and place in 'used' bin, as well as turn in scorecard and player lists, which will trigger payment.
- 5. At the end of the night the board member assigned to field duty that day will re-wipe all equipment and prep for next day games.

### Practices and Games

- 1. Do not come to practice or games if you are sick, any family members are sick or if you have been exposed to anyone who has been sick or have travelled out of state within the past 14 days.
- 2. If coaches deem you to be sick you will be sent home and will not be allowed to return until authorized and tested by a doctor. Coach will alert the Board of Director and they will be responsible for follow-up.
- 3. Helmets will not be shared, and the league will assign each player a helmet.
- 4. Bats will be provided by the league for children to use if they do not have their own bat. Regardless of personal or league bat, it must be wiped down before and after each use.
- 5. No food will be allowed (unless medically necessary).
- 6. No sunflower seeds or gum will be allowed.
- 7. Children may be allowed to bring something to drink but must be clearly marked with their name. NO drinks will be shared.
- 8. NO high fives or team huddles will be allowed.
- 9. Benches and poles in and out of the dugout will be wiped down between each game.
- 10. Hand Sanitizer will be required when leaving and entering the dugout.
- 11. All players, coaches, umps, and volunteers wear cloth masks when social distancing cannot be followed.
- 12. Children not following rules may be asked to leave.

### Families Responsibilities

In order to make this a successful and safe season for everyone, please review and follow the following guidelines.

1. Vulnerable persons should refrain from attending games. There is a limited amount of parking around each field. Bleachers are available and camp chairs are welcome, but social distancing will need to be followed. Wearing a cloth mask is encouraged if sitting in the bleachers or camp chairs.

- 2. If a player, family member, or person you have been in contact with in the past 14 days is experiencing any of these symptoms, do not come to practices or games. Call your coach, and the coach will notify the Board of Directors. Call your healthcare provider to get tested for COVID-19.
  - Cough
  - Shortness of breath or difficulty breathing
  - Fever
  - Chills
  - Muscle pain ("body aches")
  - Sore throat
  - Runny nose
  - New loss of taste or smell
- 3. If a player or immediate family member test positive for Covid-19, it will be imperative that the league be notified immediately. Confidentiality will be respected, but we need to keep our little league family as updated and healthy as we can.
- 4. It is the parent's responsibility to keep the helmets clean. At games, there will be sanitary wipes provided to wipe down the helmet and face guard before and after the game.
- 5. If a player, family member, or person you have been in contact with has travelled out of state in the past 14 days, do not come to practices or games. Call your coach to notify them. Call the Butte-Silver Bow Health Department on guidance for isolation and quarantine.
- 6. Each child is responsible to bring a mitt and helmet to each game and practice. Bats are optional as the league will provide and as mentioned above will be wiped down after each use.

### Reminders for Everyone to Stay Healthy

- 1. Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
  - When washing hands with soap and water, wash for 20 seconds (sing "Happy Birthday" twice)
- 1. Avoid touching your face.
- 1. Sneeze or cough into a tissue, or the inside of your elbow. Wash your hands with soap and water after a sneeze or cough into the hands.
- 1. Visit CDC website for more information <u>https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</u>

### FACILITIES AND EQUIPMENT

Managers, Coaches, and Umpires are required to inspect equipment on a regular basis. The League Safety Officer will inspect equipment prior to each season. Managers, coaches, and umpires will inspect equipment prior to each game. Equipment not fit for use will be destroyed so that an individual can't use them again to prevent someone to use it without league knowledge. Breakaway bases are used on all fields. In addition, the league equipment supervisor will also manage the storage sheds at the facilities to ensure they are organized and maintenance equipment is safely stored.

Managers, coaches, and umpires must inspect the field prior to use. League officials must also inspect facilities as well. Inspections of league officials, managers, coaches, and umpires' areas essential to their use.

Items included in either inspection by league officials, managers, coaches, and umpires include:

- 1. Holes, damages, rough, or uneven spots.
- 2. Slippery areas and long grass.
- 3. Glass, rocks, and other debris and foreign objects.
- 4. Unsafe conditions around backstop and pitcher's mound.
- 5. Warning track condition.
- 6. Dugout conditions before and after games. Teams are required to clean the dugout after use.
- 7. Availability of telephone.
- 8. Area around the bleachers is free of debris.
- 9. Garbage clean-up
- 10. Establishing who is in charge of the facility that game.
- 11. Restroom conditions.
- 12. Concession stand inspection.

Disengage-able bases will be used on all fields. The speed limit for all cars at all facilities is 5 mph. Items such as mouthguards, faceguards for helmets, and pitcher heat protectors are available for players, parents, managers, or coaches that requests them. Parents are welcome to make suggestions to the President or Safety Officer at any time. All adults are encouraged to sign-up for Little League E-News in order to keep up with current practices, suggestions, and trends in safety development for participants.

### STORAGE SHED PROCEDURES

The following applies to all of the storage sheds used by CCSLL and apply to anyone who has been issued a key by CCSLL to use those facilities.

1. Keys are available through the President who keeps record of key disbursements. All keys must be returned at the end of the season.

2. All individuals with keys to CCSLL equipment and storage sheds are aware of their responsibilities for the orderly and safe storage of rakes, shovels, bases, etc.

3. All individuals are responsible to read operating instructions for all equipment prior to use. (I.e. lawn mowers, weed whackers, lights, scoreboards, pa systems, etc.)

4. All chemicals or organic materials stored in CCSLL sheds shall be properly marked and labeled as to its contents. Material Safety Data Sheets will be available for all materials requiring them. Sheets will be stored in office as well as where the chemical is stored.

5. All chemicals organic materials stored within these sheds will be separated from areas used to store machinery and gardening equipment to minimize the risk of puncturing storage containers.

6. Any witnesses "loose" chemicals organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

7. Cleaning supplies will not be stored in concession areas.

8. Adults are responsible to clean storage shed after each use.

### CONCESSION STAND PROCEDURES

2021 Concession status has yet to be understood. Will be working with BSB Health Department and City/County officials to understand the best way to safely maintain concession stand during Covid 19 pandemic.

CCSLL recognizes the important role that concession stands have in supporting the overall program. It is essential for concession stand procedures to provide safe items to league supporters.

Procedures will be posted at all concession stands.

1. Menus are very simple to minimize cooking equipment and maintenance. Food items must come from approved sources. Control of items is supervised by league from purchase to sale. Safety Officer must approve menus.

2. Thermostats are used to maintain proper levels of cooked materials. Foods must be properly stored at the correct temperature.

3. Reheating food items is not practiced. Potential left over potentially hazardous foods must be discarded each night.

4. Proper cooling facilities (under 41 degrees) must be available if food is to be stored.

5. Hand washing is the first line of defense in preventing food borne diseases.

6. Foods that have potential allergic implications (ie nuts) must be labeled and knowledge of contents understood by worker.

7. Workers that are healthy are the only ones that will prepare foods. Use of protective gloves and hair covering items must be available.

8. Disposable utensils are recommended. Utensils that must be washed need to be washed in hot soapy water, rinsed in clean water, and air dried. Use of chemical or heat sanitizing equipment is also recommended.

9. Ice for injuries needs to be placed in plastic bags and stored separately. Avoid touching ice with hands.

10. Wiping cloths are to be stored in a bucket of sanitizer and changed every two hours.

11. Food and utensils need to remain covered to protect from insects. Frequent sweeping of floors is also effective way of preventing insects.

12. Food needs to be stored at least six inches above the ground.

13. Workers under the age of 14 must be supervised by an adult.

14. Proper smoke detectors and fire extinguishers are installed in each concession stand.

### PLAY BY THE RULES

CCSLL operates under the Official Rules and Regulations of Little League Softball. Local rules that are provided by such rules will be provided in writing to the managers, coaches, and umpires. The league is dedicated to recruiting and providing education for umpires. Training includes using resources such District Consultants and Regional Umpire Schools when appropriate dedication is established. Managers, Coaches, Umpires are required to attend annual rules clinic conducted by District Umpire Staff. The clinic this year will take place on April 18th at CCSLL field facilities from 2PM to 4PM. It is essential that deviation from the rules as a significant number of the rules are established in order to make the game safer. These include, but aren't limited to

- scheduling procedures
- no on-deck batters
- coaches not allowed to warm up pitchers (including standing at the backstop)
- Use of disengaging breakaway bases.

### ADDRESSING COMPLAINTS & GRIEVANCES

As in any competitive situation, there are always times that individuals will disagree with the decisions made by an organization and its leaders. A truly safe program allows for those disagreements to be heard in a safe, non-threatening manner. As an entity that employs volunteers, the organization must respect due process rights of individuals involved in decisions of the organization. Thus, a method of bringing forward complaints is necessary in order to protect the due process and dignity of individual members, as well as providing a safe method by which members can relate their feelings on decisions, etc. without turning into a crisis situation. Referring to the League Code of Ethics will be of great assistance to league personnel throughout a grievance situation and should be referred to during the process.

The first step of any grievance is to attempt to handle the situation unofficially through mediation. Note: All player complaints are represented through the Player Agent who speaks on behalf of players. The complaining party is required to contact the individual directly to verbally voice the complaint. If no solution is found, the division director may be brought into conversation. If no solution is found, the President may be contacted. Both parties must contact the President to ensure the need for his or her involvement. If the President cannot mediate the situation to a solution, he or she will ask the complaining individual to put the complaint in writing in which the complaint will be heard at next Board meeting or at special meeting if the President feels the issue is of dire attention. All complaints must be in writing to be heard by the Board. The Board of Directors will then listen to complaint as well as responses from other parties and offer solutions. The League Constitution spells out timelines for resolving these complaints. Complaints about personality conflicts will not be heard by the Board unless it shows negative impact on the kids shows negative impact on the kids.

### APPENDIX APPENDIX A: LITTLE LEAGUE BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM

### LITTLE LEAGUE BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Send Completed Form To: Little League International 539 US Route 15 Hwy, PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers: Phone: 570-327-1674

Accident & Health (U.S.)

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/ dental treatment must be rendered within 30 days of the Little League accident.
- Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure
  provided to the league president, or contact Little League Headquarters within the year of injury.
- 6. Accident Claim Form must be fully completed including Social Security Number (SSN) for processing.

Longue Name						1.				_
League Name							eague I.I	<i>.</i>		
		PART 1								_
Name of Injured Person/Claimant	SSN		Date of Birt	th (MM	I/DD/YY)	) A(	ge	Sex		
								🗆 Fema	ile □N	/ale
Name of Parent/Guardian, if Claimant is a Minor			Home Phor	ne (Inc	. Area C	ode) B	us. Phor	e (Inc. Ar	ea Code	)
			( )				( )			
Address of Claimant		Ade	dress of Parent	/Guard	dian, if di	ifferent				
The Little League Master Accident Policy provides per injury. "Other insurance programs" include fan employer for employees and family members. Ple	nily's persona	al insurance	e, student insura	ance t	hrough a	a schoo	l or insu	rance thro		ible
Does the insured Person/Parent/Guardian have a	ny insurance	e through:	Employer Plan	n 🗆	Yes 🗆	No	School I	Plan 🗆	Yes 🗆	JNo
			Individual Plan	n 🗆	Yes 🗆	No	Dental F	Plan 🗆	Yes 🗆	□No
Date of Accident Time of Accider	nt Typ	pe of Injury								
Describe exactly how accident happened, including	ng playing po	osition at the	e time of accide	ent:						
Check all applicable responses in each column:										
BASEBALL CHALLENGER (4	-18) 🗆 Pl	LAYER			TRYOUT	s		SPECIA		т
		ANAGER,	COACH		PRACTIC	-	_	(NOT G	AMES)	
(		OLUNTEEF	RUMPIRE		SCHEDU	JLED G	ame 🗆		AL GAME	
□ TAD (2ND SEASON) □ LITTLE LEAGUE (§	· · · · · · · · · · · · · · · · · · ·	LAYER AGE		_	TRAVEL				a copy o proval fro	
INTERMEDIATE (50/70) (1)			OREKEEPER		TRAVEL			Little Le		
□ JUNIOR (12-14)		AFETY OFF						Incorpo	rated)	
SENIOR (13-16)		OLUNTEEP	RWORKER		OTHER (	Deschi	ue)			
I harphy partify that I have road the appyore to all	porto of this	form and to	the heat of m	know	dedae er	ad balia	f the infe	venetion (	ontoinod	Lie

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.

I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form. I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Date	Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)
Date	Claimant/Parent/Guardian Signature

### For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

### For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

### For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)				
Name of League	Name of Injured Person/Claimant	League I.D. Number		
Name of League Official		Position in League		
Address of League Official		Telephone Numbers (Inc. Area Codes) Residence: ( ) Business: ( ) Fax: ( )		

Were you a witness to the accident? 

Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate	e items below. At least one item in	each column must be selected.	
POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
<ul> <li>O11 1ST</li> <li>O2 2ND</li> <li>O3 3RD</li> <li>O4 BATTER</li> <li>O5 BENCH</li> <li>O6 BULLPEN</li> <li>O7 CATCHER</li> <li>O8 COACH</li> <li>O9 COACHING BOX</li> <li>O1 DUGOUT</li> <li>11 MANAGER</li> <li>12 ON DECK</li> <li>13 OUTFIELD</li> <li>14 PITCHER</li> <li>15 RUNNER</li> <li>16 SCOREKEEPER</li> <li>17 SHORTSTOP</li> <li>18 TO/FROM GAME</li> <li>19 UMPIRE</li> <li>20 OTHER</li> <li>21 UNKNOWN</li> <li>22 WARMING UP</li> </ul>	<ul> <li>01 ABRASION</li> <li>02 BITES</li> <li>03 CONCUSSION</li> <li>04 CONTUSION</li> <li>05 DENTAL</li> <li>06 DISLOCATION</li> <li>07 DISMEMBERMENT</li> <li>08 EPIPHYSES</li> <li>09 FATALITY</li> <li>10 FRACTURE</li> <li>11 HEMATOMA</li> <li>12 HEMORRHAGE</li> <li>13 LACERATION</li> <li>14 PUNCTURE</li> <li>15 RUPTURE</li> <li>16 SPRAIN</li> <li>17 SUNSTROKE</li> <li>18 OTHER</li> <li>19 UNKNOWN</li> <li>20 PARALYSIS/ PARAPLEGIC</li> </ul>	01       ABDOMEN         02       ANKLE         03       ARM         04       BACK         05       CHEST         06       EAR         07       ELBOW         08       EYE         09       FACE         10       FATALITY         11       FOOT         12       HAND         13       HEAD         14       HIP         15       KNEE         16       LEG         17       LIPS         18       MOUTH         19       NECK         20       NOSE         21       SHOULDER         22       SIDE         23       TEETH         24       TESTICLE         25       WRIST         26       UNKNOWN         27       FINGER	<ul> <li>Other Stress of the second s</li></ul>
Does your league use batting helm If YES, are they		□YES □NO at levels are they used?	
			all Accident Insurance Policy at the
			all Accident Insurance Policy at the on is true and correct as stated, to the
	to certify that the information contain	ice in the oralinant's Notificatio	in a true and correct as stated, to the
time of the reported accident. I also best of my knowledge.	o certify that the information contain	ned in the Claimant's Notificatio	in is true and correct as stated, to the

Date	League Official Signature

# Little League® "Basic" Volunteer Application – 2021

 $(\diamond)$ 

Do not use forms from past years. Use extra paper to complete if additional space is required.

This volunteer application can be used <u>as a reference</u> for leagues utilizing the JDP Quick App or for leagues that are using an outside background check provider that meets the standards of Little League Regulation 1(c)9. Visit <u>LittleLeague.org/localBGcheck</u> for more information.

# All RED fields are required.

Jame			
	fist	Middle Name or Initial	Last
Address			
City		State	Zp
fome Phone:		Cell Phone	
Nork Phone:		E-mail Address:	
Minute Hearing.			

 Have you ever been charged with, convicted of, plead no contest, or guility to any crime(s) involving or against a minor, or of a sexual nature?

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	Yes
(Answering yes to Question 2, does not automatically disqualify you as a volunteer.)	<ol><li>Do you have any criminal charges pending against you regarding any crime(s)?</li></ol>

Do you have any criminal charges pending against you regarding any crime(s)?
 The peak describe each in full:
 (Answering yes to Question 3, does not automatically disqualify you as a volunteer.)

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SafeSport	_ ≺es
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If yes, explain: (If volunteer answered yes to Question 4, the local league must contact the Little League Security Manager.)

In which of the following would you like to participate? (Check one or more.)

Concession Stand	Other	
Field Maintenance	🗌 Manager	Scorekeeper
League Official	Coach	Umpire

# A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE <u>ATTACHED</u> TO COMPLETE THIS APPLICATION (NOT NECESSARY IF VOLUNTEER IS RETURNING).

Please provide updated information below if there are any changes from previous years or requesting a new position.

Occupation:	Employer:	Address:

Special professional training, skills, hobbies:

Special Certifications (CPR, Medical, etc.):

Special Affiliations (Clubs, Services Organizations, etc.)

Previous volunteer experience (including baseball/softball and years (s))

IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK, FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE. <mark>LifeLeogue on / BestineLaws</mark>

AS A CONDITION OF VOLUNTERING, I give permission for the Lifel Leogue organization to conduct background check(s) on me now and as long as 1 continue to be active with the organization, which may include a review of sex difender registriks (some or which contain name only searches which may result in a report being generated that may or may or may or may and criminal history records. I understand find, if appointed, my position is conditioned upon the league receiving no inoppropriate information on my background. I hereby release and agree to hold harmless from fability the local Life League Baseboll, Incorporated, the difficers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Life League is not obligated to appoint me to a volunteer information. If appointed, J understand that, regardless of previous appointed in a ubject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principie.

	Date	Date
Applicant Name (please print or type)	Applicant Signature	If Minor/Parent Signature

NOTE: The local Little Leogue and Little Leogue Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual arientation or disability.

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Background check completed by league officer

System(s) used for background check (minimum of one must be checked): Review the Little League Regulation 1(c)(9) for all background check requirements IDP (Includes review of the SafeSport Centralized Disciplinary and USA Baseball Ineligible List)\*

0 No	<ul> <li>SafeSport Centralized Disciplinary Database and/or USA Baseball Ineligible List Sex Offender</li> </ul>	lesse be advised that if you use JDP and there is a name match in the lew states where only name match searches can be performed
	<ul> <li>National Criminal Database check</li> <li>National Sex Offender Registry</li> </ul>	lease be advised that if you use JDP and there is a name man

\*Please be advised that if you use JDP and there is a name match in the few states where only name match searches can be performed you should notify volunteers that they will receive a letter or email directly from JDP in compliance with the Fair Credit Reporting Act containing information regarding all the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application

## Concussion



This sheet has information to help protect your children or teens from concussion or other serious brain injury. Use this information at your children's or teens' games and practices to learn how to spot a concussion and what to do if a concussion occurs.

### What Is a Concussion?

A concussion is a type of traumatic brain injury—or TBI caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move quickly back and forth. This fast movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging the brain cells.

### How Can I Help Keep My Children or Teens Safe?

Sports are a great way for children and teens to stay healthy and can help them do well in school. To help lower your children's or teens' chances of getting a concussion or other serious brain injury, you should:

- Help create a culture of safety for the team.
  - Work with their coach to teach ways to lower the chances of getting a concussion.
  - Talk with your children or teens about concussion and ask if they have concerns about reporting a concussion. Talk with them about their concerns; emphasize the importance of reporting concussions and taking time to recover from one.
  - Ensure that they follow their coach's rules for safety and the rules of the sport.
  - Tell your children or teens that you expect them to practice good sportsmanship at all times.
- When appropriate for the sport or activity, teach your children or teens that they must wear a helmet to lower the chances of the most serious types of brain or head injury. However, there is no "concussion-proof" helmet. So, even with a helmet, it is important for children and teens to avoid hits to the head.



Plan ahead. What do you want your child or teen to know about concussion?

### How Can I Spot a Possible Concussion?

Children and teens who show or report one or more of the signs and symptoms listed below—or simply say they just "don't feel right" after a bump, blow, or jolt to the head or body—may have a concussion or other serious brain injury.

### Signs Observed by Parents or Coaches

- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to or after a hit or fall

### Symptoms Reported by Children and Teens

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- · Confusion, or concentration or memory problems
- Just not "feeling right," or "feeling down"

### Talk with your children and teens about concussion. Tell them

to report their concussion symptoms to you and their coach right away. Some children and teens think concussions aren't serious, or worry that if they report a concussion they will lose their position on the team or look weak. Be sure to remind them that *it's better to miss one game than the whole season.* 



cdc.gov/HEADSUP

### CONCUSSIONS AFFECT EACH CHILD AND TEEN DIFFERENTLY.

While most children and teens with a concussion feel better within a couple of weeks, some will have symptoms for months or longer. Talk with your children's or teens' healthcare provider if their concussion symptoms do not go away, or if they get worse after they return to their regular activities.

### What Are Some More Serious Danger Signs to Look Out For?

In rare cases, a dangerous collection of blood (hematoma) may form on the brain after a bump, blow, or jolt to the head or body and can squeeze the brain against the skull. Call 9-1-1 or take your child or teen to the emergency department right away if, after a bump, blow, or jolt to the head or body, he or she has one or more of these danger signs:

- One pupil larger than the other
- Drowsiness or inability to wake up
- A headache that gets worse and does not go away
- Slurred speech, weakness, numbness, or decreased coordination
- Repeated vomiting or nausea, convulsions or seizures (shaking or twitching)
- Unusual behavior, increased confusion, restlessness, or agitation
- Loss of consciousness (passed out/knocked out). Even a brief loss of consciousness should be taken seriously

Children and teens who continue to play while having concussion symptoms, or who return to play too soon—while the brain is still healing—have a greater chance of getting another concussion. A repeat concussion that occurs while the brain is still healing from the first injury can be very serious, and can affect a child or teen for a lifetime. It can even be fatal.

### What Should I Do If My Child or Teen Has a Possible Concussion?

As a parent, if you think your child or teen may have a concussion, you should:

- Remove your child or teen from play.
- Keep your child or teen out of play the day of the injury. Your child or teen should be seen by a healthcare provider and only return to play with permission from a healthcare provider who is experienced in evaluating for concussion.
- 3. Ask your child's or teen's healthcare provider for written instructions on helping your child or teen return to school. You can give the instructions to your child's or teen's school nurse and teacher(s) and return-to-play instructions to the coach and/or athletic trainer.

Do not try to judge the severity of the injury yourself. Only a healthcare provider should assess a child or teen for a possible concussion. Concussion signs and symptoms often show up soon after the injury. But you may not know how serious the concussion is at first, and some symptoms may not show up for hours or days.

The brain needs time to heal after a concussion. A child's or teen's return to school and sports should be a gradual process that is carefully managed and monitored by a healthcare provider.

### To learn more, go to cdc.gov/HEADSUP



Discuss the risks of concussion and other serious brain injuries with your child or teen, and have e Detach the section below, and keep this information sheet to use at your children's or teens' games and pract from concussion or other serious brain injuries.	tices to help protect them
O I learned about concussion and talked with my parent or coach about what to do if I have a concussion or	
Athlete's Name Printed: Date:	
Athlete's Signature:	
O I have read this fact sheet for parents on concussion with my child or teen, and talked about what to do if other serious brain injury.	they have a concussion or
Parent or Legal Guardian's Name Printed: Date: Date:	
Parent or Legal Guardian's Signature:	
	Revised January 2019